



# Bearin' Up!

with Carol Clendinen

## Dynamic Mental Health & Motivational Speaker

Carol Clendinen is an internationally recognized speaker who is recognized for her ability to create a broad, healthy emotional outlook for a variety of audiences.

This former intensive care nurse and psychiatric hospital administrator has over 20 years of experience in the field of physical and emotional wellness. With skill, style and a ready wit, Carol will captivate your audience through a practical and sensible approach to stress management, relationship, love and life.

### Carol speaks authoritatively on the following topics:

- ♦ ***Putting People First*** - The real bottom line in workplace training is that the individual is the final authority. Learn to cultivate people's natural ability to grow and succeed on their own terms.
- ♦ ***Customer Satisfaction vs. Customer Service*** - In the past, few people were trained to pay attention to the "people" part of their job. This program will build the people side into performance.
- ♦ ***Still the Strangest Secret: We Become Our Attitudes*** - Most people still believe that attitudes just happen. This program is for those who want an adventure in attitude adjustment.
- ♦ ***Wellness in the Workplace*** - We are all painfully aware of runaway health costs and the consequences of illness for the company. Now learn how to turn that around.
- ♦ ***Leadership With Your Head and Heart*** - In today's society of advanced technology and larger organizations, we must demystify the leader.

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### Fees:

- ♦ Keynote or breakout session - \$2,500.00 + expenses
- ♦ Half day - \$3,000.00 + expenses
- ♦ Full day - \$5,000.00 + expenses

**For information on how you can book Tony Carol Clendinen, please contact:**

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